

Title: Why Sugar?**Lesson #1****Teaching Thesis and Guiding Questions:** “How Connected to Sugar are you?”**Time Frame-** one (60-minute) class period**Learning Objective-****The student will:**

- explore a collection of items relevant to the unit to generate prior knowledge as well as to stimulate readiness for study

Materials:

1. Anticipation Bags- (Items to be placed into a zip lock bag)
 - Package of “Sugar in the Raw”
 - Rum Flavoring
 - Molasses, in an old film container
 - Chain links, available from home improvement store
 - Plastic triangle, preferably from an inexpensive drafting kit
 - Globe-clip art picture
 - Kaleidoscope-small
 - Sugar Cane- is available as a special ordered through a specialty market, several weeks before implementing the unit.
2. Historian’s Toolbox: Marble Notebook/folder to record research findings
3. Chart paper and markers
4. Day one classroom connection assignment
“What did you eat today?”

Activity: Anticipatory Bags**Procedure:**

1. Separate students into small working groups of 3-5 students.
2. Give each group a baggie with the items detailed in the preparation sections of the unit. Students will work with this small group to explore the relationship between the items in the bag to the title of the lesson.
3. Share their ideas with the larger group.
4. Ideas are recorded into the “Historian’s Toolbox” notebook or folder.
5. Post ideas from the class on a sheet of chart paper for the purpose of referral during the course of this study.

Formative Assessment:

1. The contents of the bag relate to the topic, “Why Sugar.”
2. Think about your group’s ideas and decide how you may wish to modify, or change, your ideas.
3. Write one, brief paragraph about how the items in the baggie relate to the topic.
4. Use a “Pair/Share” strategy to share ideas.

Follow-up: Activity: “What did you eat today?”

1. Give each student an activity sheet.
2. Review plan, briefly.



Name:

Date:

What did you eat today?

Your task is to keep a journal recording all of the food that you eat for one day.

<http://www.dietsinreview.com>

Breakfast:

Lunch:

Dinner:

How connected are you to sugar? Look at your food journal and describe the amount of sugar or sugar foods that you ate today.